Friends Food Fellowship

MEALS on WHEELS OF C.E.F.S.

Friends Food Fellowship

April 2020 MENU

Suggested Donation: Congregate $3.00 or Home Delivered $3.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Broccoli n Cheese Soup 1/3 Tuna Salad Sandwich on Whole Grain Bread Green Pepper Slaw Mandarin Oranges	2 Oven Baked Chicken Sweet Potatoes Peas Strawberries	3 Fish on Bun Broccoli Rice Casserole Baked Beans Mandarin Oranges w/bananas
6 Chicken Penne Pasta Alfredo Broccoli Carrots Jello w/pears Garlic Bread	7 Sloppy Joes on Bun Ranch Potato Wedge Calico Beans Pineapple	8 Old Fashioned Beef Stew Cottage Cheese Cole Slaw Cinnamon Applesauce Corn Muffin	9 Baked Ham Hash Brown Casserole Green Bean Casserole Layered Salad Roll Carrot Cake	10 Closed Good Friday
13 Swiss Steak Au Gratin Potatoes Spinach Vanilla Pudding Whole Grain Bread	14 Ham & Beans Beets Cole Slaw Mandarin Oranges Corn Bread	15 Vegetable Beef Soup Crackers ½ Cheese salad Sandwich 3 Bean Salad Strawberries w/bananas	16 Turkey Sweet Potatoes Green Beans Birthday Cake Whole Grain Roll	17 Lemon Pepper Tilapia Garlic Mashed Potatoes Asparagus Tropical Fruit Cotton Pickin Good Cake
20 Lasagna Roll Ups Tossed Salad w/tomatoes Corn Warm Apple Crisp Garlic Bread Stick	21 Polish Sausage Sauerkraut Mashed Potatoes Pumpkin Mousse Whole Grain Bread	22 Italian Beef on Hoagie Bun German Potato Salad California Blend Veggies Chilled Peaches	23 Oven Fried Catfish Sweet Potatoes Green Beans Fruit Cocktail Black Bean Brownies	24 Minestrone Crackers ½ Tuna Salad Sandwich on bun Green Pepper Slaw Mandarin Oranges
27 Chili Crackers ½ Peanutbutter sandwich Cole Slaw w/ramen noodles Apricots	28 Fried Chicken Mashed Potatoes Mixed Vegetables Strawberries w/bananas Whole Grain Roll	29 Beef Pepper Steak over Rice Stewed Tomatoes Warm Peach Crisp	30 Pork Roast Roasted Rosemary Potatoes Lima Beans Mandarin Oranges Oatmeal Raisin Cookie	

Milk, Bread and Margarine are served with every meal! Substitutes will only be made in emergencies!

CALL THE DAY BEFORE TO RESERVE A MEAL

Litchfield 217/324-3032; Hillsboro 217/532-3662; Morrisonville 217/526-3621